

recommended alcohol hand rub technique



1st step:

Palm to palm.
Attention:
including wrists



2nd step:

Palm of right hand over back
of left hand and palm of left
hand over back of right hand.



3rd step:

Palm to palm with fingers
interlaced.



4th step:

Back of fingers to
opposing palms with
fingers interlocked



5th step:

Rotational rubbing of
right thumb clasped in left
palm and vice versa



6th step:

Rotational rubbing, backwards and
forwards with clasped fingers of
right hand in left palm and vice
versa

- Apply the disinfectant to the dry hands
- Following the procedure shown above, vigorously rub the product into the hands up to the wrist for 30 seconds
- Carry out the movements of each step five times
- After the end of step six, individual steps are repeated for the duration of the contact time
- Ensure that the hands remain moist with product throughout the rub-in time. If necessary, add more hand disinfectant

Standard rub method according to EN 1500