

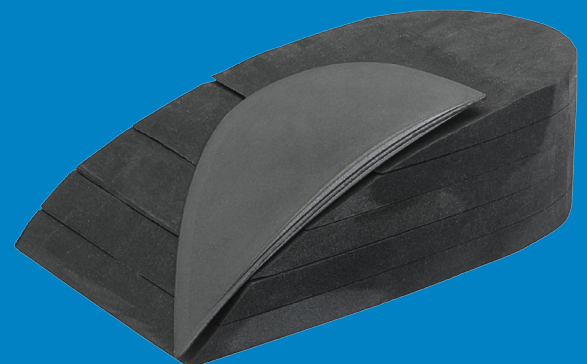
REBOUND® ACHILLES WEDGE KIT

Optimizing treatment of Achilles ruptures

The Rebound Achilles Wedge Kit, used in combination with the Rebound® Air Walker, provides an optimal solution for both functional (non-surgical) and post-surgical treatment of Achilles ruptures. The Rebound Air Walker provides immobilization, protection and comfort, while the Rebound Achilles Wedge Kit provides adjustable angles of plantar flexion that can be easily modified through the rehabilitation process.

INDICATION:

- Full or partial Achilles tendon ruptures.
 - Supports functional rehabilitation:
 - During non-surgical treatment
 - After surgical treatment
- May also be beneficial for patients with Achilles tendon problems that require immobilization in plantar flexion of the foot.



REBOUND® ACHILLES WEDGE KIT

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The Achilles tendon is highly vulnerable to injury because of its limited blood supply and the combination of forces to which it is subjected. Current protocols suggest that immobilization and gradual reduction of plantar flexion are recommended in the treatment of Achilles ruptures.

PROTOCOL FOR TREATMENT OF ACHILLES TENDON RUPTURES

Suggested protocol¹ for both **non-surgical** and **post-surgical** rehabilitation for patients who have developed an acute Achilles rupture in the mid-substance of the tendon:



Week 0	Week 2	Week 4	Week 6	Week 7	Week 8
Non weight bearing circular lower leg cast with the foot at an angle of approximately 30 degrees	Rebound Air Walker with 3 heel wedges	Rebound Air Walker with 2 heel wedges	Rebound Air Walker with 1 heel wedge	Rebound Air Walker	Shoe with heel lift and physical therapy treatment

NOTE: Walker should be worn both day and night.

ORDERING INFORMATION

REBOUND® AIR WALKER				REBOUND® ACHILLES WEDGE KIT		
Men's Shoe Size	Women Shoe Sizes	Size	Item No Standard	Size(s)	Item No Sized	Item No Universal
2-4	3.5-5.5	X-Small	B-242900001	Small	AWK0001	N/A
2-7	5.5-8.5	Small	B-242900002	Small or Universal*	AWK0001	AWK00015
7-10.5	8.5-12	Medium	B-242900003	Medium or Universal*	AWK0005	
10.5-12.5	12-14	Large	B-242900004	Large or Universal*	AWK0009	
12.5-15	14-16.5	X-Large	B-242900005		AWK0009	

*Sized wedge kits include three wedges, while the universal wedge kit includes five wedges.

¹Nilsson Helander, K. Achilles Tendon Rupture. Evaluation of treatment and complications. 2009 May. Available from: <http://hdl.handle.net/2077/19390>

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